



Newsletter February 2023

Welcome back! Here we are again for 2023!

All our members will have received the new booklet for Semester One activities, so please be sure to check out new options for fun classes! Now is also a good time to renew your membership for 2023.... only \$30 for yearly membership is good value.

Mention U3A to your friends, they may not know about us! Share our Booklet around!

Call Viv on our new U3A contact number if any queries, on 0411150378.

New Courses coming up, not mentioned in our Booklet!

“Decluttering” Short Course May 2023

A short course for women who want to declutter! We will look at WHY we gather clutter, review some “Decluttering Experts”, try to motivate each other, and report on our progress over the month of May! Let’s help each other get at least a BIT of decluttering done!

Wednesday afternoons from 1:30pm till 2:30 pm on 3 May, 10 May, 17 May and 24 May at Tresca.

Tutor: Anne Brelsford 0402 582 402

A bit of a giggle:

I asked my 91-year-old father, “Dad, what were your good old days?”
His thoughtful reply: “When I wasn’t good, and I wasn’t old.”

BOTANICAL ART

Have you always wanted to be able to draw and paint plants and flowers?

Over a period of 9 fortnightly sessions, I hope to help you to achieve just that. Starting with graphite (pencil), then introducing pen and ink, colour pencil and finally watercolour as your confidence grows.

You will learn to observe nature closely, how to apply shading, washes, colour mixing and composition. Hopefully at the end of the course you will have several frameable works of art and be well on the way to creating beautiful artworks on your own.

It will be a good idea to bring an A4 drawing pad or folder to keep handouts and your work in, as a record of your progress. I am happy to get other materials you will need on your behalf, and you will need to pay me for these (only a small amount).

I have a Diploma in Botanic Art and enjoy sharing my knowledge. I was a Teacher Librarian in my working life, but have always loved to draw. Lately I have been painting native plants and animals and hope to publish a children’s book soon.

I look forward to meeting you! LYNDA YOUNG

Venue: Beaconsfield House

Dates: Tuesday 21 Feb, 7 March, 21 March, 4 April, 18 April, 2 May, 16 May, 30 May, 13 June.

Times: 10:00am till 1:00pm

Tamar Valley U3A- we always want new volunteer tutors!!

Can you do calligraphy? Are you good at arranging flowers? Is stamp collecting your passion? Do you make your own cards? Do you like public speaking? Do you keep tropical fish?

Tamar U3A is always looking for **new volunteer tutors** to run interesting classes for our members. There are heaps of people around who do interesting things, we’d love to hear from you.

So, do **YOU** have a special interest or skill that you could share with others? You might choose to give a one-off “Talk” on your pet subject, or run a “Short Course” of perhaps 3-4 sessions on your area of expertise! It is very much a case that you can choose what you might like to do.

Call **Anne Brelsford 0402 582 402** to discuss what you might like to do.

Meet Your Committee



Linda Heidstra – Secretary 2022-2023

We emigrated from the UK to Darwin in 1984 and my career has included the roles of Fundraising and Marketing Manager at the Guide Dogs Association of SA & NT (10 years), Personal Assistant to 4 Mayors of the City of Palmerston in the NT (11 years) and finally. In 2012 PA to the Attorney General of the Northern Territory Government (4 years). As if I didn't have enough to do, in 2012, I also established my home-based business, Virtually Linda. I moved to Tasmania in 2016 to be closer to my grandchildren.

One of my fun things to do in Darwin with my friends was playing Mahjong and I was very pleased to find out that U3A have several activities including a Mahjong group here. I now host the group at my home every Tuesday at 1.30 pm so if you too enjoy a laugh, good company and a frustrating (sometimes) but fun game that is also good for the brain cells, please free to call the Coordinator Jill on 0418 583 908. Look forward to welcoming you.

Over the years I have made some wonderful friendships through involvement in the community and now I am pleased to be Secretary of Tamar Valley U3A and hope I can give something back again for the wonderful life I have enjoyed in Australia and continue to make good friendships for life.

Community News

108th Exeter Show returns in 2023! After a two-year break, we are keen to get back into our community and run the 108th Exeter Show on **Saturday 25th February from 9am - 4pm.**

A family friendly event with something for all ages, the Exeter show offers:

- Home Industries in the main show hall,
- Wood Chopping
- Pet Parade
- Dog High Jump
- Scotch Egg Competition
- Large Car Meet (MG, Mack Truck, Holdens, classic vintage models)
- Live Entertainment
- Sideshow Alley
- Food, Drinks and so much more.

The whole community comes out to either attend, volunteer or sponsor and we are very grateful for their continued support.

Tickets are \$12 Adult and \$5 for children over 5 . To keep up to date check out our [website](#) and [Facebook page](#) or email exetershow.secretary@gmail.com or call Hilary on 0438944725.

NRM North Biodiversity Program: Eastern Barred

Bandicoot Project

People may remember we had a very interesting talk a while back on the decline of the Eastern Barred Bandicoot. NRM North is working on a project to support the bandicoot, and it seems to be making a difference! Here is a short update from their recent news.

“We’ve been receiving great feedback and photos from some of our eastern barred bandicoot Urban Refuge owners as seedlings planted last autumn grow and mature into effective wildlife habitat. With consistent rain in spring and early summer, many plants have already doubled in size, and although the full benefits of these plantings may not be realised for several years, we’re already getting reports from landholders of increased activity from bandicoots, birds and other wildlife.

We’re always keen to hear from anyone who has been involved in the project, or who has taken steps to support the species at home. Contact Stephen at NRM North on sizzard@nrmnorth.org.au, and if you’re interested in talking with us about how you can help support conservation of the eastern barred bandicoot, come and see us at the Exeter show on 25 February”.