



# HERE IT IS!!

## Our second chance to hear a presentation from The District Nurses

We warmly welcome the **CEO Kim MacGowan** from Hobart.

As we age, we become concerned about our future needs. There is help available but do you know about it? If we are able, most of us would prefer to remain in our own homes with a little assistance.

**The District Nurses is one of Tasmania's oldest and best loved philanthropic organisations and provides a full range of care services across Tasmania including:**

Home Care Packages

Assistance with personal and household tasks including meal preparation

Gardening and home maintenance

NDIS Services

DVA and Veterans Home Care

In Home Respite

End of Life Care and much more



To learn more about what services may be available to you or a loved one in your community, and how to access services come along to our information session:

**Thursday 22nd June 10.30 am Beaconsfield House, Grubb Street,  
Beaconsfield**



**Tamar Valley U3A**

Members and non-members welcome