



TAMAR VALLEY U3A April Talk

As we age, we become concerned about our future needs. There is help available but do you know about it? If we are able, most of us would prefer to remain in our own homes with a little assistance.

Come along to find out this important information this Thursday 27th April at 10.30 am at Beaconsfield Neighbourhood House.

The District Nurses is one of Tasmania's oldest and best loved philanthropic organisations and provide a full range of care services across Tasmania including:

- Community Nursing including medication assistance
- Home Care Packages
- Assistance with household tasks including meal preparation
- Help with showering and dressing
- Social Support and Transport
- Gardening and home maintenance
- NDIS Services
- DVA and Veterans Home Care
- Private Services
- In Home Respite
- End of Life Care



To learn more about what services maybe available to you or a loved one in your community, and how to access services come along to our information session:

Thursday 27th April 10.30 am

Tamar Valley U3A

Beaconsfield House, Grubb Street, Beaconsfield



Members and non-members welcome