

TAMAR VALLEY U3A



SHARING LEARNING THROUGHOUT THE TAMAR VALLEY

LETTER FROM THE PRESIDENT

Dear U3A Members,

“Surprised by Joy” is a book written by C S Lewis. Becoming the President of the West Tamar U3A feels a bit the same! After all, only two months ago I was quietly getting on with being Member No. 24!

U3A is a wonderful idea and wonderful organisation. The progress we have made in a few months is quite remarkable. It has only happened because very dedicated and committed people have worked incredibly hard. I am not going to mention names because you all know who they are and if you don't then find out! These people should inspire us all; I know they do inspire me.

“Who am I?” I am Peter Kearney and I am best known locally as a West Tamar Councillor. My profession is teaching. Most recently I have been the principal for 16 years of Hagley Farm School. Before that I had a really enjoyable year as principal of Exeter Primary School. In that year I started work on the committee of the Exeter Child Care Centre, work that continues today.

I am married. My wife Diana before retirement was a special education teacher and worked at all of the West Tamar Government schools over the years as a support teacher. Diana is a spinner, weaver and crafts person. She has had many years involvement in the Handweavers, Spinners & Dyers Guild of Tasmania most recently as Tasmanian President.

We have three children, all grown up and living in Tasmania, Australia and Singapore. We have two grandchildren.

I feel very, very confident that U3A will thrive if two things happen.

1. U3A is always relevant to its members, meeting their needs
2. Every members is prepared to give of their time and talents so that we all, over time, make a contribution to the running of U3A.

We are well on the way to being incorporated and will have our first AGM early in the new financial year. You may be as reluctant to attend meetings as I am but we need you to “be there” on such occasions. (I have approached Barack Obama to be the guest speaker but was told that Air Force One, his jet, is too big for landing on Bakers Beach. We may have to settle for Prince Harry!).

U3A is a TRIBE, a community, a cooperative, a mutual society. It will give us all back what we each put in. You all know what I mean, otherwise you wouldn't be members!

Here's to West Tamar U3A!!

Peter Kearney, President.

U3A Committee

Executive

Peter Kearney – President
Viv Tyson – Vice President
Raimund Bruns – Treasurer
Penny Willington – Secretary

Committee Members:

Christina Holmdahl
Pat Turner
Joanne McLean

U3A Coordinators

Glenyse Frost – Venue
Joanne McLean – Office
Pat Turner – Course
Penny Willington- Membership

Contact Details:

Office: The Old Courthouse
Grubb Street,
Beaconsfield.

Mail: P O Box 147
Beaconsfield 7270

Phone: 0429 965 015

Email:
tamarvalleyu3a@gmail.com

Office Hours:
Wednesday 10am – 1pm

Length of Terms

As mentioned in our first newsletter consideration is being given to trialling 3 terms of 10 weeks next year. Some of our tutors have expressed a desire to go to 3 terms and it has also been noted that in Term 2 the number of members enrolling in classes declined quite significantly and we expect this also to be the case in Term 3. It should also be noted that some classes may vary in length and may run for longer or shorter than the 6, 8 or 10 weeks depending on the class. On the last day of Term 2 classes, members will be asked to vote on their preferred length of term: **4 terms of 6 weeks or 3 terms of 10 weeks.** Your vote will assist the committee, in consultation with the tutors, make an informed decision. For those of you not enrolled in a class this term but would like to record their vote please send your preferred option to tamarvalleyu3a@gmail.com or telephone 0429 965 015

Enrolment Dates for Term 3 - August 5 to September 13

The dates for enrolment for Term 3 classes are:

July 24 – 10am – 1pm at the TVU3A office, Beaconsfield Online Access Centre, Grubb Street, Beaconsfield.

July 25 10am – 12 noon. Tresca, Main Road, Exeter.

Those members already attending classes and wishing to re-enrol in the same class for Term 3 will be given the opportunity to do so on the last day of their class.

Course Outline: *Thoughtstorm* – Jenni Wiltshire

Meet new friends and together we can discover the power of *Thoughtstorm*. This is a simple, powerful and fun tool, better than brain storming.

Thoughtstorm is used by many thousands of people around the world. The manual sits on the bookshelves of many of the world's wealthiest entrepreneurs.

Anyone can benefit from the experience and it is a wonderful way to spend time and it's inexpensive.

This tool helps you unlock the answers to anything you want to know and can help provide insights into problems facing all of us.

Together we work to reveal insights and opportunities that you never dreamed possible.

GRANDPARENTS

After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, "Who was THAT?"

A Big Thank You

A big thank you must go to all our venue providers who have so generously shown their support in the Tamar Valley U3A by providing the venues in which the various classes and activities are held:

- Australian Maritime College, Beauty Point
- The Beaconsfield Online Centre/West Tamar Council – Office space and computer assistance.
- Beaconsfield House
- Beaconsfield Primary School
- Catholic Church Hall, Beaconsfield
- Deviot Hall
- Frankford Hall
- Greens Beach Golf Club
- MHD Consulting, Beauty Point
- Tresca, Exeter

Feedback

We always welcome feedback on our classes, as well as ideas for future courses. If there is anything you believe we should know about then we would like to hear from you. For example:

- Are you happy with the range of courses being offered?
- Are there courses you would like included that are not mentioned in the next column?
- Can we do things better?
- Any ideas for social events/ 1- day forums
- What issues would you like covered in the Newsletter?

Are there any Cryptic Crossword or Ukulele/Banjo tutors out there?

We have a number of members who have expressed an interest in learning to play the Ukulele/Banjo. Does anyone know of someone who can play the Ukulele and who could be interested in taking a class?

Unfortunately, Colleen Greening our previous Cryptic Crossword tutor had to withdraw due to ill health and regrettably to date we have not been able to find a replacement. We are looking for a Cryptic Crossword tutor.

If any of our members believe they could fill either of these positions, or know of someone who might be interested in tutoring then please contact us either by email or phone.

More tutors required.....

Members have also expressed an interest in the following classes but we need tutors! Again, please contact us if you believe you could tutor a class or know of anyone who might be interested in tutoring a class:

- **Italian**
- **German**
- **Latin**
- **Lino Cut Printing**
- **Digital Photography**
- **Use of Mobile Phones**
- **Cooking jams & relishes**
- **Digital Art**
- **Indonesian Cooking**
- **Gardening**
- **Tasmanian Native Gardens**
- **Local History**
- **Tasmanian History**
- **Mystery Trips**
- **Push bike maintenance/service**

Course Outline: *Awakening the Gems in Me* – Derry Nielsen

These 5 strategies help us to live more authentic, purposeful lives, to raise schools, families, work places and communities. They cultivate the gems (virtues) in you.

1. **Speak the Language of Virtues** Language has the power to discourage or to inspire. Using virtues to acknowledge, guide, correct and thank awakens the best within us.
2. **Recognize Teachable Moments** Recognising the virtues needed in daily challenges help us to become lifelong learners open to the lessons of character.
3. **Set Clear Boundaries** Boundaries based on respect and restorative justice create a climate of peace, cooperation and safety in our homes, schools and communities
4. **Honor the Spirit** We sustain our vision and purpose by integrating virtues into our activities.
5. **Offer Companionship** Being deeply present and listening with compassionate curiosity guides others to find clarity and to create their own solutions. It supports healing and growth.

WELCOME TO OUR NEW MEMBERS

Greg & Sue Amos
 Gaylene Beck
 N Burfitt
 Jill Cassidy
 Ann Charlotte
 Faye Dwyer
 Val Ellick
 Kevin Fagan
 Glenyse Frost
 Vivienne Hale
 Ruth Holt
 Leonie Ingram
 Ruth Johanson
 Andre Lachal-Roberts
 Eva Lazar
 Lodi Leipoldt
 Sr Frances McShane
 Peter & Margaret Perkins
 Dorothy Robinson
 Jeanette Savage
 Maree Taberner

Looking for a Venue?

Whether you are hosting a business meeting, presentation, cocktail party, birthday, retreat or wedding the Australian Maritime College, Beauty Point team can ensure it's an event to remember.

Located in a beautiful natural setting, just minutes from the waterfront at Beauty Point in the picturesque Tamar Valley Wine region, Endeavour Hall is the Australian Maritime College's student accommodation and features conference facilities available to hire. Bedrooms offer single-bed accommodation with a full range of amenities to ensure your guests enjoy a comfortable stay.

Local restaurant Tamar Cove manages the catering services at Endeavour Hall providing a range of delectable options, all of which can be tailored to your specific tastes and requirements.

If you would like further information or a quote please contact the Residential Administrator on 03 63 24 9422 or endeavourhall@amc.com.au



TAMAR VALLEY FILM SOCIETY

The Tamar Valley Film Society screens films on the second Friday of each month at the Exeter Primary School Hall located in Glen Ard Dhu Road in Exeter. The films are a mixture of Classic, Australian, Arthouse and International sub-titled.

The annual Membership fees are \$40:00 for Singles and \$70:00 for doubles and your membership commences from the date you join plus you will receive one complimentary guest pass for singles and two complimentary guest passes for doubles. Unfortunately due to copyright legislation only Film Society Members and their guests are able to attend the screenings. If you wish to attend you are still allowed to pay your membership fees on the night. Tamar Valley wines, Tasmanian Craft Beers, Fruit Juice and Mineral Water are available for purchase from 6:30pm until the screening commences at 7:30pm. You may wish to bring a cushion for personal comfort.

The next film to be shown is "*The Rabbit Proof Fence*" on Friday 14 June 2013 and our special guest for the evening is the film's Writer and Producer Ms Christine Olsen. Christine will be interviewed by Stephen Dando-Collins prior to the screening.

Further details of the Film Society and future screenings can be found on the website www.tamarvalleyfilmsociety.com.au or write to us at tamarvalleyfilmsociety@gmail.com

Beaconsfield Online Access Centre Hosts a Broadband for Seniors Kiosk

The Beaconsfield Online Access Centre hosts a Broadband for Seniors Kiosk. This is an Australian Government funded initiative providing older members of the community with free access to computers and broadband internet thus helping them to stay in touch with family and friends, along with providing access to a wealth of information available online.

If you are new to using computers or just want help to learn new skills, one on one training sessions can be arranged.

For further information on this service, or to make a booking, please contact the **Beaconsfield Online Access Centre on 6383 1146**



Volunteering opportunity

Free training

Legal Literacy

Beaconsfield

Volunteers:-

- Learn new skills
- Help others in the community
 - Earn respect

Training day is **2 July 2013**, 10.30am to 3pm
at the Beaconsfield Neighbourhood House,
33 Grubb St (opp Archer St)

ALL WELCOME

Ring **6334 1577** for details



COURSE INFORMATION

- Any person wishing to enrol in a course must be a registered financial member of Tamar Valley U3A. All course enrolment costs are covered by one annual subscription fee of \$40 per person.
- All members are issued with a Membership Card which **MUST** be worn at all times when attending Tamar Valley U3A classes and functions. This will ensure you are covered under our Public Liability insurance policy.
- All members attending courses are required to complete Emergency Details on the reverse of their Membership Card. It is up to individual members to keep this information current. A new membership card will be issued if required.
- If you wish to enrol in another course but did not enrol on registration day, please contact the office by email, telephone or by calling in person during office hours. You will then be advised on the status of the course. Please do not just turn up at the venue.

GENERAL COURSE DISCLAIMER U3A offers courses to members presented by members for mutual education and learning experiences. The offering of any course does not imply the course content is necessarily endorsed or recommended by U3A. No financial, legal or health decisions should be made solely on the basis of course material. Members who find course material confronting in any way should feel free to leave the class at any time.

CHANGE OF ADDRESS

Please inform the office on 0429 965 015 or the Membership Secretary via email tamarvalleyu3a@gmail.com.au if you have moved house or changed your email address.

NEWSLETTER CONTRIBUTIONS WELCOME! We reserve the right to edit material submitted for publication. Copyright of the original material remains with the author.